



# Technical Guide

Postnord UCI Women's WorldTour Vårgårda WestSweden  
Road Race  
Vårgårda, Sweden  
August 13, 2018

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# Specific regulations

## 1. Organisation

**Postnord UCI Women's WorldTour Vårgårda WestSweden** is organised by Vårgårda Cykelklubb, Box 55, S-447 22 Vårgårda under regulations of the International Cycling Union (UCI) on Monday August 13, 2018

## 2. Type of event

The event is open for riders of the Women Elite and U23 categories. The event is entered on the UCI Calendar as a UCI Women's WorldTour event.

Points are awarded towards the UCI Road Women WorldTour classification (as per article 2.13.006)

Classification	Points	Classification	Points
1	200	21	5
2	150	22	5
3	125	23	5
4	100	24	5
5	85	25	5
6	70	26	5
7	60	27	5
8	50	28	5
9	40	29	5
10	35	30	5
11	30	31	3
12	25	32	3
13	20	33	3
14	15	34	3
15	10	35	3
16	5	36	3
17	5	37	3
18	5	38	3
19	5	39	3
20	5	40	3

Points are awarded towards the UCI Women's WorldTour secondary classification (as per article 2.13.006) for best young rider, U23.

Classification	Points
1	6
2	4
3	2

The team classification is obtained by adding the individual classification points scored by all the riders of the team in the UCI Women's WorldTour individual ranking. The team classification shall only include UCI Women's Teams.

Points are also awarded towards the Elite and U23 Women's UCI World Ranking (as per article 2.10.017)

Classification	Points	Classification	Points
1	200	21	5
2	150	22	5
3	125	23	5
4	100	24	5
5	85	25	5
6	70	26	5
7	60	27	5
8	50	28	5
9	40	29	5
10	35	30	5
11	30	31	3
12	25	32	3
13	20	33	3
14	15	34	3
15	10	35	3
16	5	36	3
17	5	37	3
18	5	38	3
19	5	39	3
20	5	40	3

### 3. *Participation*

As per article 2.13.004 of the UCI regulations, the event is open for UCI women's teams, national team from the country of the organiser and maximum one foreign national team. As per article 2.13.005 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

Number of participating teams are maximised to 24. Invitation to and participation in the event is regulated by article 2.13.004. The organiser has the right to select teams, in addition to those covered by article 2.13.004, by submitting "wild cards".

### 4. *Race Headquarters*

Race Headquarters are located at **Kyrkogatan 7, Vårgårda**.  
Approximately 200 meters after the start/finish

#### **Opening hours:**

Friday, August 10	16.00 - 19.00
Saturday, August 11	08.00 - 17.00
Sunday, August 12	10.00 - 17.00
Monday, August 13	08.00 - 21.00

Team representatives are requested to confirm their starters and collect their race numbers at Race Headquarters, Kyrkogatan 7:

**Monday, August 13**

**08.30 – 09.45**

The team managers' meeting, in the presence of the Members of the Commissaires Panel, will be held at the Race Headquarters, Kyrkogatan 7.

**Monday, August 13**

**10.00**

## 5. **Radio tour**

Race information will be given over Radio Tour on frequency 146,4125 MHz.

## 6. **Neutral technical support**

The neutral support is handled by the organiser with 3 cars.

## 7. **Finishing time limits**

Any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed. The time limit may, in exceptional circumstances, be increased by the Commissaries Panel in agreement with the organizer.

## 8. **Classifications**

The following classifications will be issued:

- Individual classification by time.
- Individual secondary classification young riders, U23.

## 9. **Prizes**

The following prizes will be awarded:

Ranking	Prize money (€)	Ranking	Prize money (€)
1 <sup>st</sup>	1 150	11 <sup>th</sup>	120
2 <sup>nd</sup>	850	12 <sup>th</sup>	120
3 <sup>rd</sup>	570	13 <sup>th</sup>	120
4 <sup>th</sup>	340	14 <sup>th</sup>	120
5 <sup>th</sup>	290	15 <sup>th</sup>	120
6 <sup>th</sup>	250	16 <sup>th</sup>	90
7 <sup>th</sup>	225	17 <sup>th</sup>	90
8 <sup>th</sup>	200	18 <sup>th</sup>	90
9 <sup>th</sup>	170	19 <sup>th</sup>	90
10 <sup>th</sup>	150	20 <sup>th</sup>	90
		<b>TOTAL</b>	<b>5 245</b>

Prize money will be sent directly to team bank account.

Team representatives will be asked to submit full account details with international IBAN-code to which payment should be done at the Race Headquarters.

## 10. **Antidoping**

The UCI antidoping regulations are entirely applicable to the event.

Test will take place at Vårgårda Health Centre, Centrumgatan 2, approximately 400 meters from Start- and Finish area.

## **11. Awards ceremony**

In accordance with article 2.14.008 of the UCI rules, the following riders must attend the official awards ceremony:

- The first 3 riders of the event.
- The individual leader of the UCI Road Women World Cup after the event.
- The leader of the best young riders classification

The riders have to be present at the podium not later than 10 minutes after finishing at Murartorget.

After the award ceremony, the winner of the event and the leader of the UCI Women's WorldTour after the event are required to attend the press conference in the company of the organiser.

## **12. Penalties**

The UCI penalty scale is the only one applicable

# **General information**

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## **1. Hospitals**

- Alingsås Hospital, Södra Ringgatan, phone +46 (0)322 22 60 00
- Medical Center / Vårdcentralen Vårgårda, Centrumgatan 2  
phone +46 (0)10 435 85 00.
- Medical Center / Herrljunga Vårdcentral, Horsbyvägen 16  
phone +46 (0) 513 177 20.
- SOS alarm, phone 112.

## **2. Accommodation**

For teams staying at First Grand Hotel Alingsås we refer to the reception or to the race office in Vårgårda. For questions call First Grand Hotel directly +46 (0) 322 67 01 00. For teams staying at Herrljunga Hotell & Konferens, we refer to the reception or the race office in Vårgårda. For questions call Herrljunga Hotell & Konferens directly +46 (0) 513 222 40.

### 3. *Driving your car*

Security remains the single most important factor for our organisation in all our events. Therefore we urge you all to pay the highest attention and drive carefully both during race and at any other time.

During race it is of course absolutely prohibited to drive in the non-race direction or to deviate from the course if not instructed to do so by police or security staff.  
Dipped headlights should be switched on during driving.  
Always use the seat belts.

The organisation applies a zero limit rule for alcohol during driving. Tests might be carried out.

### 4. *Environment*

We all love cycling on all levels and to be able to enjoy it we need a clean and beautiful nature.

The organisation of Postnord UCI WWT Vårgårda WestSweden continues to work in different fora and with different local and regional councils to promote cycling in all its different forms; as the best means of local transport, as recreation for all as well as environmental friendly and the best way to experience the beautiful Swedish nature.

During the World Tour weekend we count on your support;

- Please do not litter anything during the race, for bottles or other items we ask you to use our GARBAGE ZONES immediately after the feeding zones.
- Please respect all instructions concerning washing laundry, cleaning of bikes or team cars. Cars **shall** be cleaned at a authorized carwash. There are three in Alingsås and two in Vårgårda.
  - Carwash Sävelund (24h), Pumpgatan 1, Alingsås
  - Carwash Ängabo (24h), Odengatan 2, Alingsås
  - Circle K (24h), Gamla Vänersborgsvägen 11, Alingsås
  - Circle K, (8.00-24.00), Stockholmsvägen 1, Vårgårda
  - Bada Bilen (24h), Wallentinsvägen , Vårgårda

We appreciate your understanding and cooperation and hope you will enjoy our World Cup races and our beautiful landscape for many years on.





## Race information

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### 1. **Course**

The course is described in the enclosed road maps, profiles and calculated passing times. The race starts with 4 laps á 11,0 km, followed by one long lap of 53,0 km, and continued with 4 laps á 11,0 km = 141 km. The long lap contains 4 gravel sections, marked as 1,2,3 and 4.

### 2. **Team presentation**

All teams will be presented to the public, in reverse order according to preliminary starting list, at the podium on Murartorget, Vårgårda (in the start-area). The presentation starts at Monday 13/8, 15.45

### 3. **Start**

Start at 17.10

### 4. **Equipment**

All riders have to wear electronic device (chip) to be automatically registered for finish. Information will be given on the team managers meeting and at the registration.

### 5. **Radio communication**

All vehicles following the race must be equipped with working radio communication (Radio Tour) . Radios are distributed at the team managers´ meeting.

After the race, radios must be returned to Race Headquarters, otherwise the team will be charged a cost of SEK 5000/ Euro 545.

Radio Tour will operate on frequency 146,4125 MHz.

The race will also be broadcasted over the local radio network, 97,0 MHz (in Swedish only).

### 6. **Feeding**

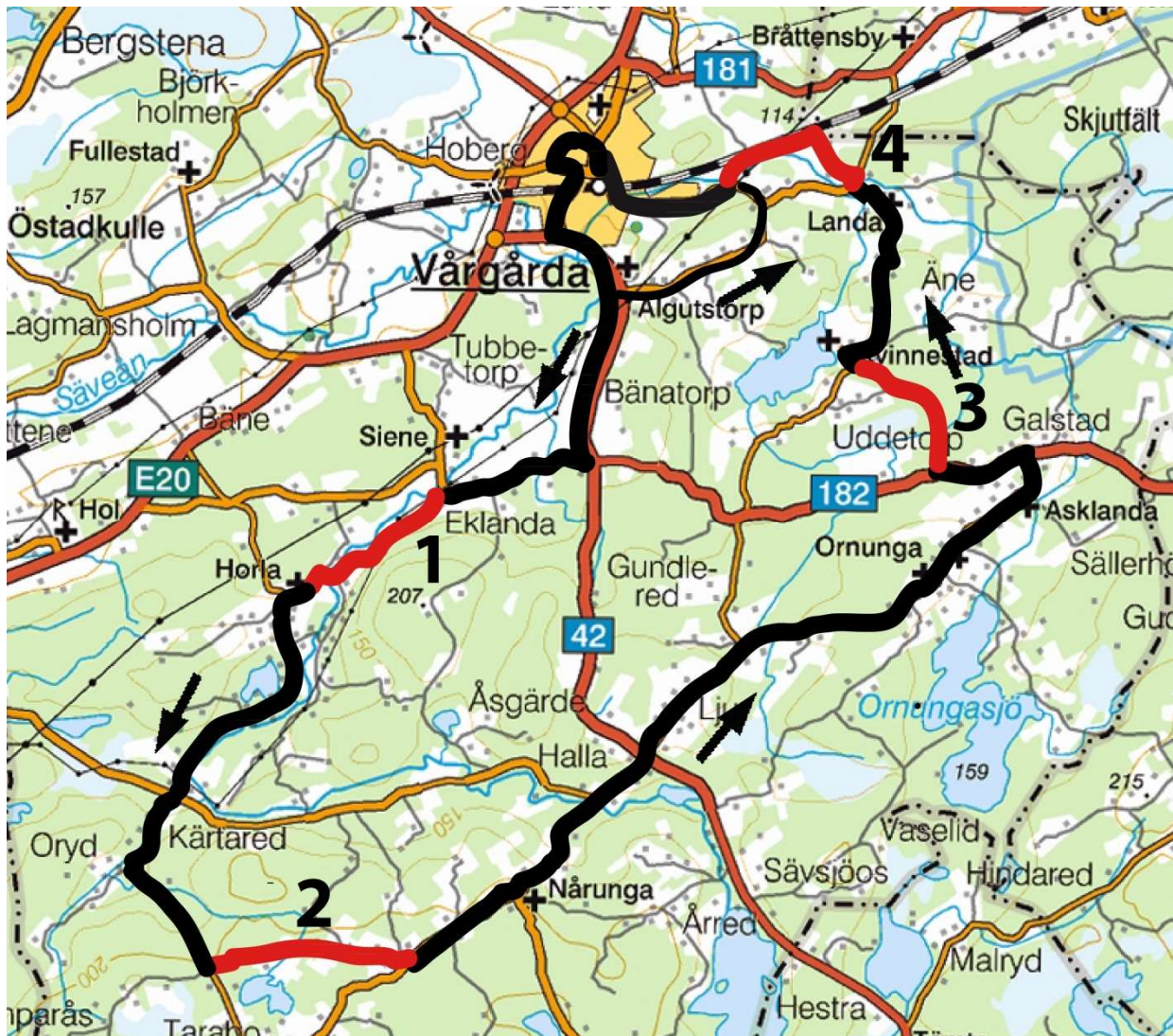
Feeding is allowed within the feeding zones and from car according to UCI-regulations. Information will be given at the team managers meeting.

We ask you all to respect the special GARBAGE ZONES, provided directly after feeding zones.



## Maps

*Course, long lap 53 km*





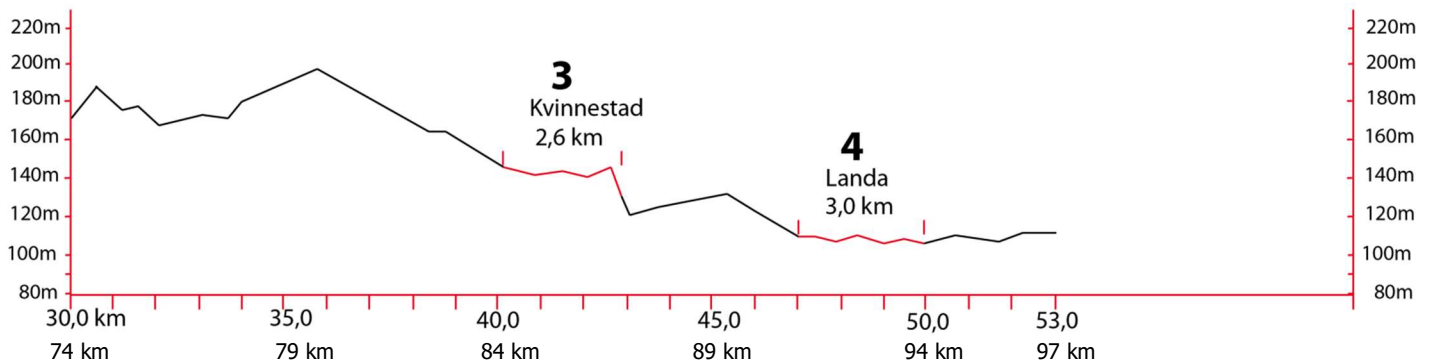
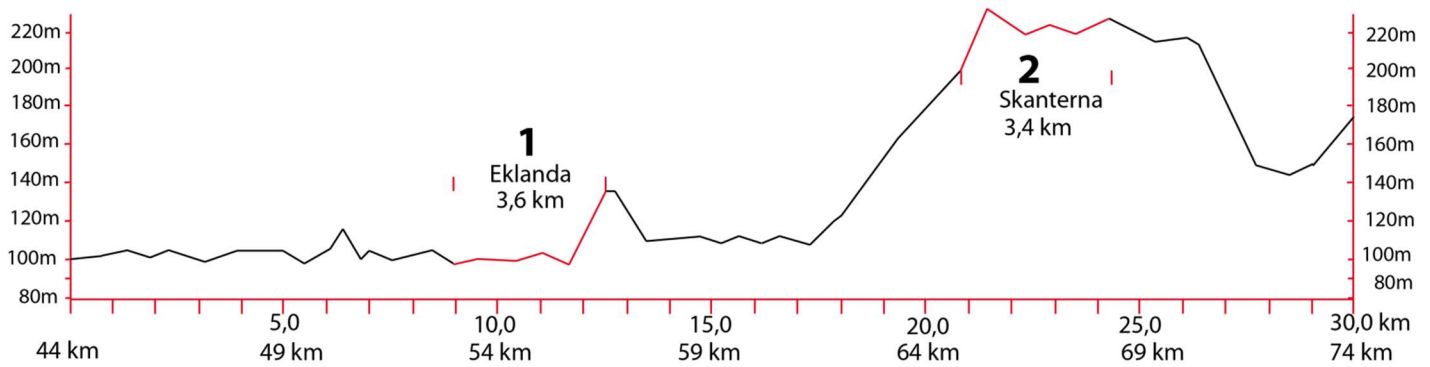
## Course, short lap 11 km



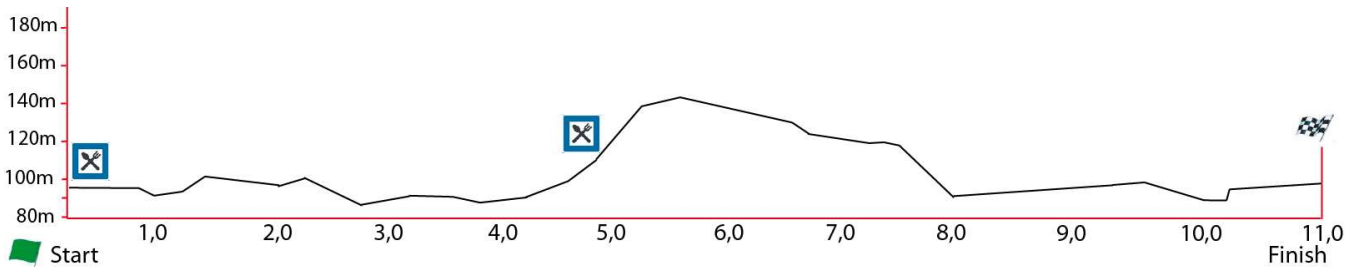
## Course, last 3 km



## Profile long lap

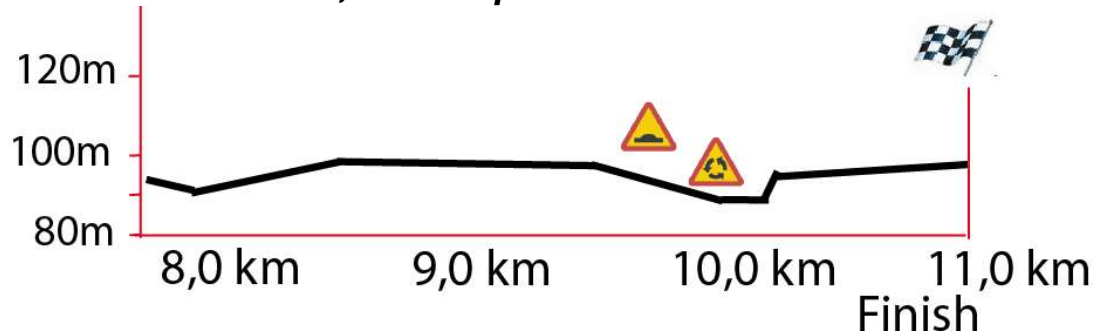


## Profile short lap



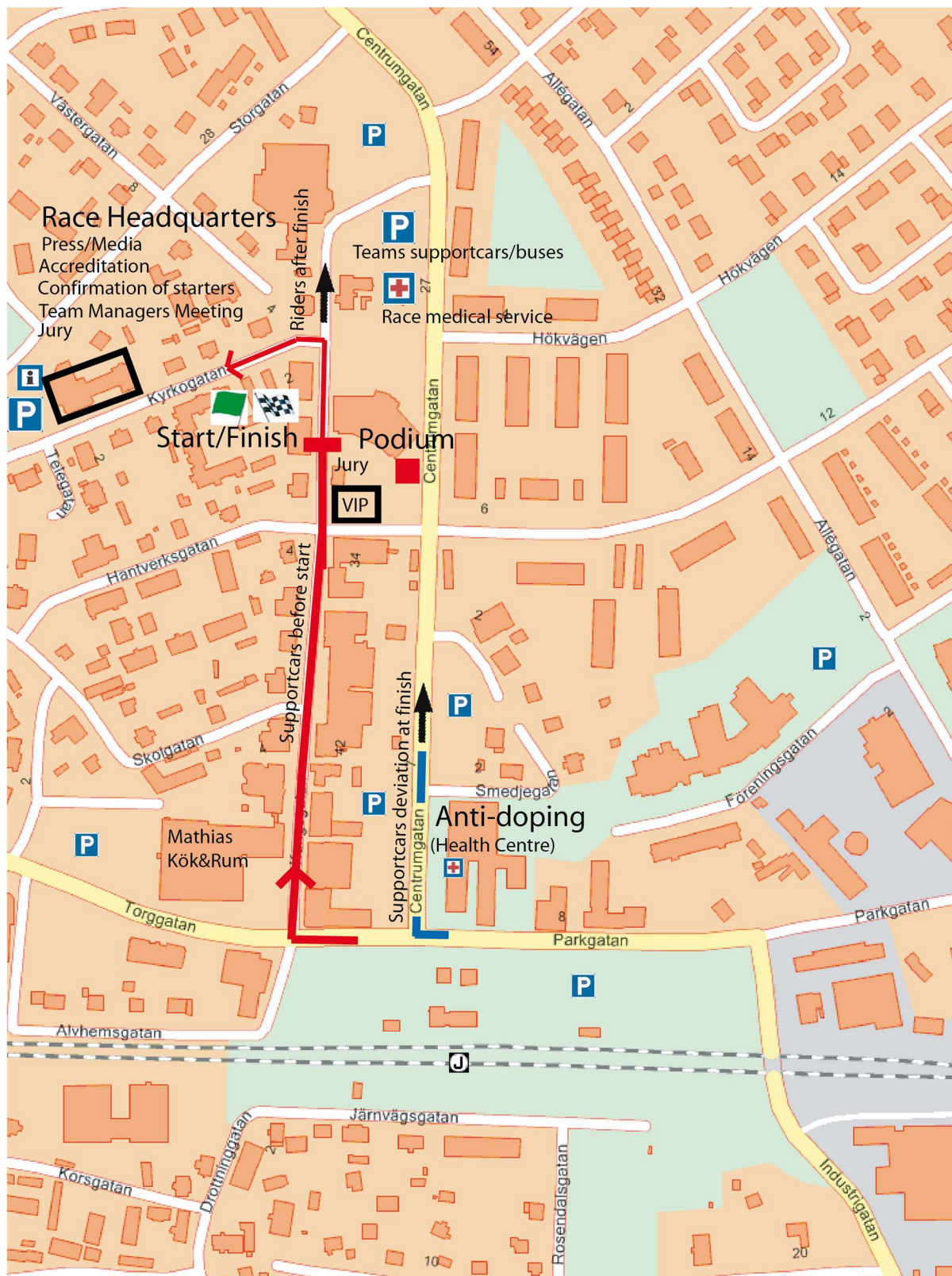
## Profile, last 3 km

Distance from start, short lap










































## Start/Finish area Vårgårda



# Itinerary

Lap			Km	38km/h	40km/h	42km/h	45km/h
1st short		Start	0	17:10	17:10	17:10	17:10
		Feeding zone	0,2	17:10	17:10	17:10	17:10
		Narrow bridge	2,5	17:13	17:13	17:13	17:13
		Speedbump, Roundabout	3,3	17:14	17:14	17:14	17:14
		Feeding zone	4,3	17:16	17:16	17:16	17:15
		Red barn on the right	6,7	17:20	17:20	17:19	17:18
		Crossing	7,4	17:21	17:21	17:20	17:19
		Narrow passage	7,5	17:21	17:21	17:20	17:19
		Speedbump	9,8	17:25	17:24	17:23	17:22
		Roundabout	10,0	17:25	17:24	17:23	17:22
		Finishline after 1 short lap	11,0	17:27	17:26	17:25	17:24
2		Finishline after 2 short laps	22,0	17:44	17:42	17:40	17:38
3		Finishline after 3 short laps	33,0	18:01	17:58	17:55	17:52
4		Finishline after 4 short laps	44,0	18:18	18:14	18:10	18:06
Long lap							
		Crossing turn right Stenatorp	50,0	18:28	18:23	18:19	18:14
		Left in to <b>Gravel section 1 Eklanda</b>	52,9	18:32	18:27	18:23	18:18
		Crossing turn right	55,5	18:36	18:31	18:26	18:21
		Narrow bridge, turn left	55,7	18:36	18:31	18:26	18:21
		<b>End of Gravel section 1 2,5 km</b>	56,4	18:38	18:33	18:28	18:23
		Crossing turn left Horla	56,6	18:38	18:33	18:28	18:23
		Crossing Kärtared	61,0	18:45	18:40	18:34	18:29
		Left in to <b>Gravel section 2 Skanterna</b>	64,8	18:51	18:45	18:39	18:34
		<b>End of Gravel section 2 3,4 km</b>	68,2	18:56	18:50	18:44	18:38
		Crossing turn left	68,2	18:56	18:50	18:44	18:38

Lap			Km	38km/h	40km/h	42km/h	45km/h
Long		Narrow passage Nårunga	70,4	19:00	18:54	18:47	18:42
		Crossing Ljurhalla	73,7	19:05	18:59	18:52	18:46
		Crossing turn left Asklanda	82,8	19:19	19:12	19:05	18:58
		Right into <b>Gravel section 3</b> <b>Kvinnestad</b>	84,2	19:22	19:14	19:07	19:00
		<b>End of Gravel section 3</b> <b>2,6 km</b>	86,8	19:26	19:18	19:11	19:03
		Crossing narrow turn right Landa	90,9	19:32	19:24	19:16	19:08
		Left into <b>Gravel section 4</b> <b>Landa</b>	91,0	19:32	19:24	19:16	19:08
		<b>End of Gravel section 4</b> <b>3,0 km</b> Right into short lap	94,0	19:37	19:29	19:21	19:13
		Speedbump	95,8	19:40	19:32	19:24	19:15
		Roundabout	96,0	19:40	19:32	19:24	19:15
5th short		Passing Start Finish line	97,0	19:42	19:34	19:26	19:17
		Feeding zone	97,2	19:42	19:34	19:26	19:17
		Narrow bridge	99,5	19:45	19:37	19:29	19:20
		Speedbump, Roundabout	100,3	19:47	19:39	19:31	19:21
		Feeding zone	101,3	19:48	19:40	19:32	19:22
		Red barn on the right	103,7	19:52	19:44	19:35	19:25
		Crossing	104,4	19:53	19:45	19:36	19:26
		Narrow passage	104,5	19:53	19:45	19:36	19:26
		Speedbump	106,8	19:57	19:48	19:40	19:30
		Roundabout	107,0	19:57	19:48	19:40	19:30
		Finish line after 5 short lap	108,0	19:59	19:49	19:41	19:31
6		Finish line after 6 short laps	119,0	20:16	20:05	19:56	19:45
7		Finish line after 7 short laps	130,0	20:33	20:21	20:11	19:59
8		<b>FINISH</b>	141,0	20:50	20:47	20:26	20:13

## Event schedule, WorldTour weekend Vårgårda 2018

	ACTIVITY	TIME	REQUIRED TO ATTEND	PLACE
<b>Friday August 10</b>	Cyclo Tourism event Motionsloppet Scandinavia	17.00		Vårgårda Murartorget
	Inauguration of Postnord Vårgårda	19.00		Vårgårda Murartorget
<b>Saturday August 11</b>	License control Team Time Trial	08.30-09.45	Jury (Race Mgmt)	Race Headquarters Vårgårda
	Team Managers Meeting Team Time Trial	10.00	Race Mgmt Jury	
	Commissaries meeting TTT and RR	10.30	Jury Race Mgmt	
	Information for chauffeurs and moto pilots Team Time Trial And Road Race	10.45	Race Mgmt Security Manager Chauffeurs Moto pilots	
	Security briefing Team Time Trial and Road Race	11.15	Race Mgmt (Jury) Security Manager Police	
	Information antidoping Team Time Trial	TBD by DCO	Antidoping officers Chaperons	Vårgårda Vårdcentral
	Start first team Team Time Trial	13.00		Vårgårda Murartorget
	Party for WorldTour sponsors and officials	From 18.00		Vårgårda Murartorget
<b>Sunday August 12</b>	Velofondo Vårgårda Start Tånga Hed	11.00		Vårgårda Tånga Hed Masterstart
<b>Monday August 13</b>	License control Team Time Trial	08.30-09.45	Jury (Race Mgmt)	Race Headquarters Vårgårda
	Team Managers meeting Road Race	10.00	Race Mgmt Jury	Race Headquarters Vårgårda
	Information antidoping Road Race	TBD by DCO	Antidoping officers Chaperons	Vårgårda Vårdcentral
	Team presentation	15.45		Vårgårda Murartorget
	Start Road race	17.10		Vårgårda Murartorget



## Organisation

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**Event Manager:**

Hans JÖNSSON, phone +46 (0)706 27 23 78

**Race Director:**

Anders BJÖRKLUND phone +46 (0)739 81 53 02

**Race Secretary:**

Helen HENRIKSSON, phone +46 (0)702 68 53 41

**President of the Commissaires Panel:**

Isabel Maria FRANCO FERNANDES, UCI International Commissaire - appointed by UCI

**Commissaires:**

Kenneth SIMONSSON, UCI  
Heidi STENBOCK\_HAAKESTAD, UENC  
Martin Schwitzgold, UENC  
Sören KNUDSEN, UENC (MOTO)  
Bo LÖVSTRAND, Nat (MOTO)  
Henrik EHRIN, Nat (Last Car)

**Finishing Judge:**

Mikael NYSTRAND, UENC  
Lars BJÖRKQVIST (ass.)

**Time keeper:**

Ingmar JOHANSSON

**Radio Tour:**

Kristofer NENNESTAM

**Anti Doping Control Officer:**

Silvia GALLI, CADF  
Åke HANSSON, Swedish Cycling Federation

**Anti Doping Doctor:**

Tuulikki JAHRE

**Race Doctor:**

Gert PERSSON, phone +46 (0)703 22 34 39

**Medical Coordinator:**

Maria HELLNEVI phone +46 (0)709 94 50 14

**Speaker:**

John LINDSKOG, Peo JOHANSSON

**Data service:**

Kent ALFREDSSON

**Security Manager:**

Lars BARKESTEDT

**Press/Media and Sponsor Officers:**

Urban TJERNBERG, Mikael AXELSSON

**Race Headquarters:**

Hans-Jörgen ABRAHAMSSON

## Personal Notes

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