



Technical Guide

**Postnord UCI Women's WorldTour Vårgårda WestSweden
Team Time Trial
Vårgårda, Sweden
August 17, 2019**



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Specific regulations

1. Organisation

Postnord UCI Women´s WorldTour Vårgårda WestSweden is organised by; Vårgårda Cykelklubb, Box 55, S-447 22 Vårgårda under regulations of the International Cycling Union (UCI) on Saturday August 17, 2019

2. Type of event

The event is open for riders of the Women Elite and U23 categories. The event is entered on the UCI Calendar as a UCI Road Women´s WorldTour event.

Points are awarded towards the UCI Road Women WorldTour classification (as per article 2.10.033)

Classification	Points	Classification	Points
1	200	21	5
2	150	22	5
3	125	23	5
4	100	24	5
5	85	25	5
6	70	26	5
7	60	27	5
8	50	28	5
9	40	29	5
10	35	30	5
11	30	31	3
12	25	32	3
13	20	33	3
14	15	34	3
15	10	35	3
16	5	36	3
17	5	37	3
18	5	38	3
19	5	39	3
20	5	40	3

The points on the scale shall be awarded to the team. These points shall be divided equally between the riders finishing the event. Calculations shall be rounded to a hundredth of a point.

Points are also awarded towards the Elite and U23 Women´s UCI World Ranking (as per article 2.10.017)

Classification	Points	Classification	Points
1	200	21	5
2	150	22	5
3	125	23	5
4	100	24	5
5	85	25	5
6	70	26	5
7	60	27	5
8	50	28	5
9	40	29	5
10	35	30	5
11	30	31	3
12	25	32	3
13	20	33	3
14	15	34	3
15	10	35	3
16	5	36	3
17	5	37	3
18	5	38	3
19	5	39	3
20	5	40	3

The points on the scale shall be awarded to the team. These points shall be divided equally between the riders finishing the event. Calculations shall be rounded to a hundredth of a point.

3. Participation

As per article 2.13.005 of the UCI regulations, the event is open for UCI Women´s WorldTeams and UCI women´s continental teams. In accordance with article 2.1.005 the race is open for a national team from the country of the organizer and maximum one foreign national team.

As per article 2.13.005 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

The maximum number of teams at the start of a UCI Women´s WorldTour event is set at 24 teams.

Teams shall be formed of six riders in accordance with article 2.2.003



4. **Race Headquarters**

Race Headquarters are located at **Kyrkogatan 7, Vårgårda**.
Approximately 200 meters from start/finish area.

Opening hours:

Friday, August 16 14.00 - 19.00
Saturday, August 17 08.00 - 19.00

Team representatives are requested to confirm their starters and collect their race numbers at Race Headquarters, Kyrkogatan 7:

Saturday, August 17 08.30 - 09.45

The team managers' meeting, in the presence of the Members of the Commissaires Panel, will be held at the Race Headquarters, Kyrkogatan 7.

Saturday, August 17 10.00

5. **Starting order**

Starting order of the teams will be the reverse order from UCI Women's Worldtour standing after Prudential Ride London, 2019-08-03.

Team(s) without placing in the standing of UCI Women's Worldtour and teams not present at the Team Managers Meeting will start first, order by random selection.

Start interval: 3 minutes between all teams.

6. **Feeding procedures**

Depending on weather conditions, the exact procedure will be communicated at the team managers meeting.

7. **Classification**

The following classification will be issued:

- Team classification by time; taken on the fourth rider crossing finish line.
- Finishing time limits. Any team finishing in a time exceeding that of the winner by more than 30% shall not be placed. The time limit may, in exceptional circumstances, be increased by the Commissaries Panel in agreement with the organizer.

8. **Prizes**

The following prizes will be awarded:

Classification	Prize money (€)
1	1 705
2	1 245
3	900
4	675
5	560
6	560
TOTAL	5 645



Prize money will be sent directly to team bank account.

Team representatives will be asked to submit full account details with international IBAN-code to which payment should be done at the Race Headquarters.

9. Antidoping

The UCI antidoping regulations are entirely applicable to the event.

Test will take place at Vårgårda Health Centre, Centrumgatan 2, approximately 400 meters from Start- and Finish area.

10. Awards ceremony

In accordance with article 2.13.008 of the UCI rules, the following riders must attend the official awards ceremony:

- The first 3 teams of the event.
- The individual leader of the UCI Women´s WorldTour after the event.
- The leader of the best young riders classification.

The riders have to be present at the podium not later than 10 minutes after finishing at Murartorget.

After the award ceremony are the winning team and the leader of the UCI Women´s WorldTour after the event required to attend the press conference in the company of the organizer.

11. Penalties

The UCI penalty scale is the only one applicable

General information

1. Hospitals

- Alingsås Hospital, Södra Ringgatan, phone +46 (0)322 22 60 00
- Medical Center / Vårdcentralen Vårgårda, Centrumgatan 2
phone +46 (0)10 435 85 00.
- Medical Center / Herrljunga Vårdcentral, Horsbyvägen 16
phone +46 (0) 513 177 20.
- SOS alarm, phone 112.



2. *Accommodation*

For teams staying at First Grand Hotel Alingsås we refer to the reception or to the race office in Vårgårda. For questions call First Grand Hotel directly +46 (0) 322 67 01 00. For teams staying at Herrljunga Hotell & Konferens, we refer to the reception or the race office in Vårgårda. For questions call Herrljunga Hotell & Konferens directly +46 (0) 513 222 40.

3. *Driving your car*

Security remains the single most important factor for our organisation in all our events. Therefore we urge you all to pay the highest attention and drive carefully both during race and at any other time.

During race it is of course absolutely prohibited to drive in the non-race direction or to deviate from the course if not instructed to do so by police or security staff. Dipped headlights should be switched on during driving. Always use the seat belts.

The organisation applies a zero limit rule for alcohol during driving. Tests might be carried out.

4. *Environment*

We all love cycling on all levels and to be able to enjoy it we need a clean and beautiful nature.

The organisation of Worldtour in Vårgårda continues to work in different fora and with different local and regional councils to promote cycling in all its different forms; as the best means of local transport, as recreation for all as well as environmental friendly and the best way to experience the beautiful Swedish nature.

During the WorldTour weekend we count on your support;

- Please do not litter anything during the race.
- Please respect all instructions concerning washing laundry, cleaning of bikes or team cars. Cars **shall** be cleaned at a authorized carwash. There are three in Alingsås and two in Vårgårda.
 - Carwash Sävelund (24h), Pumpgatan 1, Alingsås
 - Carwash Ängabo (24h), Odengatan 2, Alingsås
 - Circle K (24h), Gamla Vänersborgsvägen 11, Alingsås
 - Circle K, (8.00-24.00), Stockholmsvägen 1, Vårgårda
 - Bada Bilen (24h), Wallentinsvägen , Vårgårda

We appreciate your understanding and cooperation and hope you will enjoy our Worldtour races and our beautiful landscape for many years on.

Race information

1. **Course**

The course is described in the enclosed road maps, profiles and calculated passing times.
Total distance 36 km.

2. **Start**

First team starts at 15.00. Riders shall control the equipment in the start area, this can be made 60 minutes before the appointed starting time.

3. **Radio communication**

Split times will be communicated over Radio Tour. Frequency 146,4125 MHz.
To receive split times, all vehicles following the race must be equipped with working radio communication. Radios are distributed at the team managers' meeting.

After the race, radios must be returned to Race Headquarters, otherwise the team will be charged a cost of SEK 5000/ Euro 545.

The race will also be broadcasted over the local radio network, 97,0 MHz (in Swedish only)

4. **Equipment**

All riders have to wear electronic device (chip) to be automatically registered for finish.
Information will be given on the team managers meeting and at the registration.

Maps

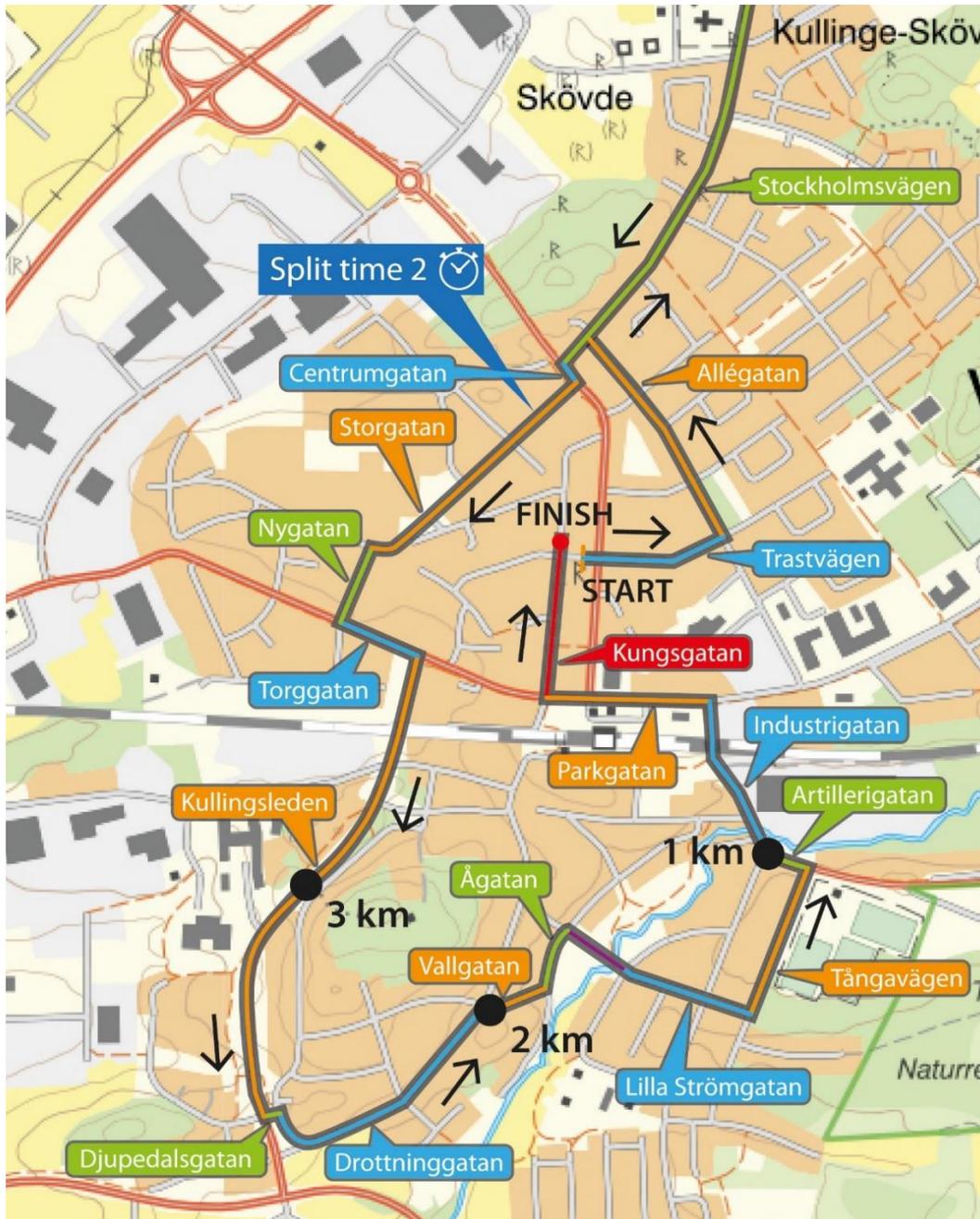
Course 35,6 km



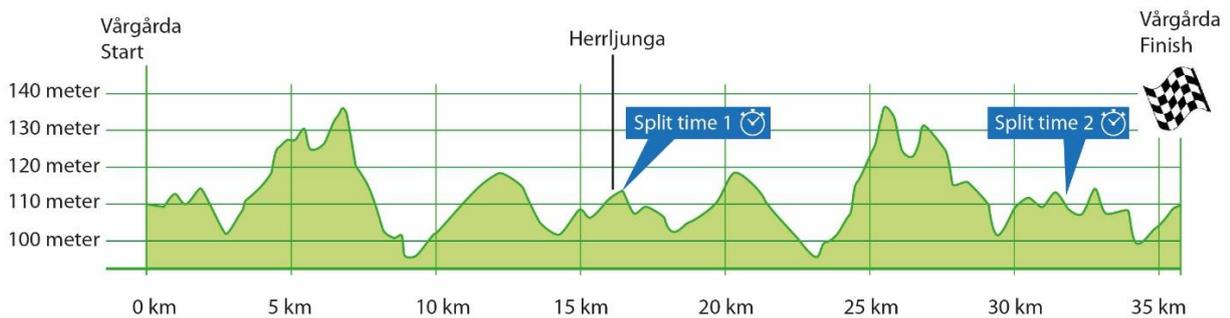
Turning Point Herrljunga



Start/Finish Vårgårda - Last 3 km



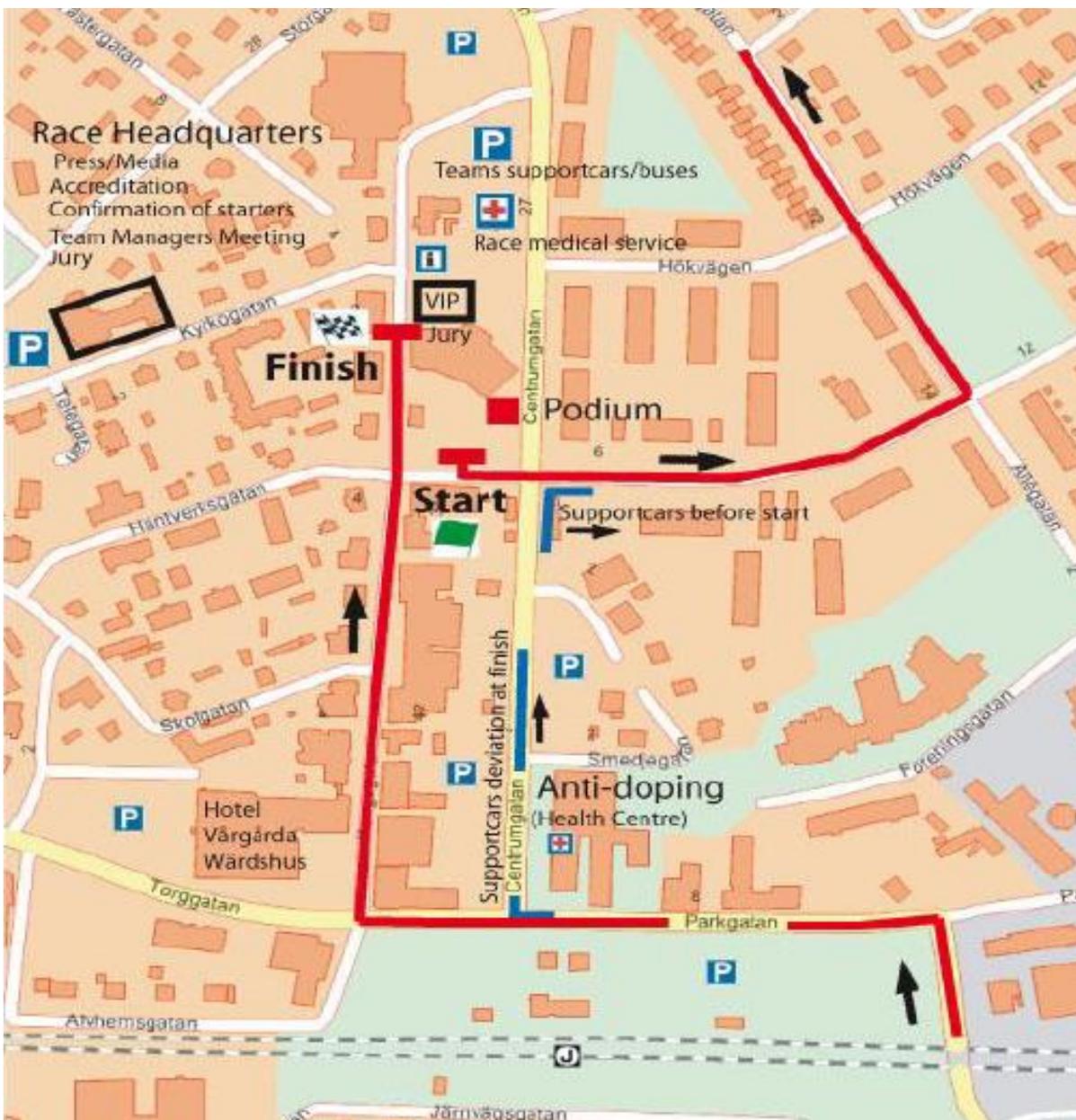
Profile



Profile, last 3 km TBC



Start/Finish area Vårgårda (detail)



Itinerary - first starting team

	Notification	Km	45km/h	48km/h	50km/h
	START LINE Trastvägen, straight on crossing Centrumgatan	0,0	15:00	15:00	15:00
	Left on Allégatan	0,2	15:00	15:00	15:00
	Right on Stockholmsvägen	0,7	15:01	15:00	15:00
	Traffic island, speedbump. Riders on right hand side	1,1	15:02	15:01	15:01
	Right on road 181 towards Herrljunga	2,1	15:03	15:03	15:02
	HERRLJUNGA	14,1	15:19	15:18	15:17
	Left towards CENTRUM on Storgatan. Traffic Island. Riders on right hand side.	15,2	15:20	15:19	15:18
	Right on Fabriksgatan	15,8	15:21	15:20	15:19
	Left on Trädgårdsgatan	16,0	15:21	15:20	15:19
	ATTENTION ; several turns ("turning point")	16,1	15:21	15:20	15:19
	Split Time 1, Storgatan Herrljunga	16,4	15:22	15:21	15:20
	Traffic Island. Riders on right hand side. Right on road 181 towards VÅRGÅRDA	16,8	15:22	15:21	15:20
	Left on Stockholmsvägen towards VÅRGÅRDA	29,8	15:40	15:37	15:36
	Traffic islands, riders on right hand side	30,8	15:41	15:38	15:37
	Left on Centrumgatan towards CENTRUM, immediately right on Storgatan	31,3	15:42	15:39	15:37
	Split time 2, Storgatan Vårgårda	31,7	15:42	15:40	15:37
	Left on Nygatan	31,9	15:42	15:40	15:38
	Left on Torggatan	32,0	15:42	15:40	15:38
	Right on Kullingsleden	32,1	15:43	15:40	15:38
	Left on Drottninggatan, then immediately right and left again	33,2	15:44	15:41	15:40
	Right on Vallgatan	33,7	15:45	15:42	15:40
	Traffic island, narrow turn right	34,0	15:45	15:42	15:41
	Narrow bridge, Lilla Strömgatan	34,1	15:45	15:43	15:41
	Crossing Boråsvägen	34,2	15:46	15:43	15:41
	Left on Tångavägen	34,2	15:46	15:43	15:41
	Left on Artillerigatan	34,4	15:46	15:43	15:41
	Right on Industrigatan	34,6	15:46	15:43	15:42
	Left on Parkgatan	34,9	15:47	15:44	15:42
	Right on Kungsgatan	35,1	15:47	15:44	15:42
	FINISH LINE	35,6	15:48	15:45	15:43

Event schedule, WorldTour weekend Vårgårda 2019

	ACTIVITY	TIME	REQUIRED TO ATTEND	PLACE
Friday August 16	Cyclo Tourism event Motionsloppet Scandinavia	17.00		Vårgårda Murartorget
	Inauguration of Postnord Vårgårda	19.00		Vårgårda Murartorget

Saturday August 17	License control Team Time Trial	08.30-09.45	Jury (Race Mgmt)	Race Headquarters Vårgårda
	Team Managers Meeting Team Time Trial	10.00	Race Mgmt Jury	
	Commissaries meeting TTT and RR	10.30	Jury Race Mgmt	
	Information for chauffeurs and moto pilots Team Time Trial And Road Race	10.45	Race Mgmt Security Manager Chauffeurs Moto pilots	
	Security briefing Team Time Trial and Road Race	11.15	Race Mgmt (Jury) Security Manager Police	
	Information antidoping Team Time Trial	TBD by DCO	Antidoping officers Chaperons	Vårgårda Vårdcentral
	Start first team Team Time Trial	15.00		Vårgårda Murartorget

Sunday August 18	License control Road Race	07.30-08.45	Jury (Race Mgmt)	Race Headquarters Vårgårda
	Team Managers meeting Road Race	09.00	Race Mgmt Jury	Race Headquarters Vårgårda
	Information antidoping Road Race	TBD by DCO	Antidoping officers Chaperons	Vårgårda Vårdcentral
	Team presentation	09.45		Vårgårda Murartorget
	Start Road race	11.00		Vårgårda Murartorget



Organisation

Event Manager:

Hans JÖNSSON, phone +46 (0)706 27 23 78

Race Director:

Anders BJÖRKLUND phone +46 (0)739 81 53 02

Race Secretary:

Helen HENRIKSSON, phone +46 (0)702 68 53 41

President of the Commissaires Panel:

Martin BRIDGWOOD, UCI International Commissaire - appointed by UCI

Commissaires:

Kenneth SIMONSSON
Sanne SCHMIDT BENDIXEN
Morten MESSELT
Henrik EHRIN
Turid FOSS (MOTO)

Finishing Judge:

To be designated
Lars BJÖRKQVIST (ass.)

Time keeper:

Ingmar JOHANSSON

Radio Tour:

Kristofer NENNESTAM
Bo LÖVSTRAND (MOTO INFO)
Tomas ERIKSSON (MOTO INFO)

Anti Doping Control Officer:

Marko PROCIKEVIC, CADF

Anti Doping Doctor:

Tuulikki JAHRE

Race Doctor:

Gert PERSSON, phone +46 (0)703 22 34 39

Medical Coordinator:

Maria HELLNEVI phone +46 (0)709 94 50 14

Speaker:

John LINDSKOG, Peo JOHANSSON

Data service:

Kent ALFREDSSON

Security Manager:

Lars BARKESTEDT

Press/Media and Sponsor Officers:

Urban TJERNBERG, Anders LARSSON

Race Headquarters:

Hans-Jörgen ABRAHAMSSON